

UNIQUE

The logo for Unique Expeditions features the word "UNIQUE" in a large, bold, red sans-serif font. The letter "I" is replaced by a red silhouette of a hiker with a backpack. Below "UNIQUE" is the word "EXPEDITIONS" in a smaller, bold, black sans-serif font.

EXPEDITIONS

Morocco Expedition Kit List:

We will do a thorough kit check on Day 1, if we need to we can visit the local outdoor sports shops to pick up supplies before setting off. Certain items can be rented at extra cost as seen with an asterix. If you are wanting to rent items, this will need to be organised before you arrive in the country.

Where to shop

There are many brands making quality equipment that will do the job, but you needn't spend £100's on cutting edge design when there are cheap alternatives that do exactly the same job. A good old Army Surplus store is often the best place to start. Don't skimp on a good quality down jacket, mitts and make sure you have quality footwear. These items are the most important in keeping you comfortable during the trip. But borrowing from friends and family will also do the job.

Equipment:

Clothing head to toe

- Sun hat, we recommend a wide brim hat to protect your face and neck
- Cold weather Beanie
- Sunglasses, preferably wrap around ones to protect your eyes from snow blindness, sand and sunburn
- ski goggles for summit attempt, winter conditions
- buff/ thin balaclava. Buffs are good for both the alpine and desert phases.
- 3-4x t-shirts -preferably breathable/fast drying we do not recommend cotton which does not wick moisture/dry quickly well and when wet can become cold and uncomfortable quickly). Generally, you should avoid cotton for all types of hiking clothing.
- 2x long sleeve shirts, craghoppers style with rollable sleeves.
- Down jacket – a proper one, not thin or light-weight
- Outer waterproof jacket – big enough to fit over all your other layers
- Synthetic mid layer or warm fleece - lightweight layering is preferable
- Thermal long-sleeved tops x1 - Same as above, do not need to be super thick
- Thermal base layer bottoms x 1 - Merino wool is more comfortable against the skin

- Inner gloves – thin enough to fit under your other gloves. Merino wool is best.
- Mid glove – for day-to-day working. Think Hestra or similar.
- Mittens – down or synthetic down. Must fit over your inners and mid glove.
- Underwear x10 – avoid cotton
- Swimming costume – for waterfalls and pools
- Wool Socks x5 - Thick Wool Socks, 100% wool or as close as possible
- Normal socks x3,
- Lightweight Hiking trousers - for first days in mountains and the desert . water-resistant trousers which provide ventilation and if possible, made from stretchable material, which are preferably quick drying. If the trousers are convertible, then this provides the ability to use as shorts if weather becomes warmer.
- shorts
- Winter Hiking trousers - with an integrated gaiter
- Waterproof hiking trousers - packable lightweight in case of heavy downpour
- Gaiters, very useful for keeping snow out of your boots unless they are knee high or have trouser with an integrated gaiter
- B2 mountaineering boots, with good ankle support
- Trainers/ trail shoes with excellent grip for the approach days and travel days but this is not a substitute for boots.
- flipflops/ birkenstocks.
- A set of clean clothes to wear when back in Marrakesh.

Equipment

- Walking poles - optional but help to reduce fatigue on joints during long walks and help with balance on difficult terrain. We recommend the 3 part detachable poles for easy storage.
- Crampons compatible with your boots * (Can be hired)
- General purpose mountaineering ice axe * (Can be hired)
- Sit pad – small and compact, but beats a frozen bum.
- Large rucksack – Capable of carrying all your equipment minus what you are wearing. Either waterproof or with waterproof cover
- Daypack- we would recommend a daypack for storing your items including maps, snacks, water bottles (some come with hydration packs), extra layering etc
- Dry bags, good for organising and storing kit
- Cup for hot drinks
- Lighters, matches and a fire steel – depending on preference.
- compass
- Water bottles – to hold 2 litres. Heavy duty with a strong seal e.g. Nalgene. If you want to bring a water bladder, bring at least one 1l water bottle.
- pocket knife or small fixed blade knife, Full training will be delivered on the use of tools if you bring them.
- Wash kit – including a quick drying towel
- First aid kit – personal items such as plasters, blister pads, tape, paracetamol and supplies of your usual medication if you have any.
- Personal medication – enough for the full duration

- sun cream and lip salve
- Head torch - remember the climate, batteries don't last long in the cold. Something with a separate battery on a wire is very useful so you can have the power supply inside your jacket.
- Plastic sealable lunch box - for packed lunches
- Wet wipes
- Spare batteries and/or power bank
- Mosquito repellent

Documentation in a waterproof bag:

- Passport
- Proof of Travel insurance
- Proof of Evacuation Cover (we recommend Battleface Insurance, see link on the footer of our website)

Extra non expedition items:

We fully understand that you are travelling a long way and you may wish to bring spare clothing and Laptops etc. This will be your responsibility to take care of, we will be able to leave some stuff in Marrakesh.